|  |  |  |  |
| --- | --- | --- | --- |
| Nederlandse naam | Latijnse naam | Engelse naam | Alcoholpercentage |
| Absint alsem | Artemisia absinthium | Wormwood | 50% - 75% |
| Amerikaanse wolfspoot | Lycopus virginicus | Bugleweed | 50% - 60% |
| Baardmos | Usnea | Usnea | 60% - 95% |
| Basilicum | Ocimum tenuiflorum | Holy Basil | 65% - 80% |
| Berendruif | Arctostaphylos uva-ursi | Uva Ursi | 35% -60% |
| Betonie | Stachys officinalis | Wood Betony | 55% - 60% |
| Blaaswier | Fucus vesiculosus | Bladderwrack | 20% -45% |
| Blauw glidkruid | Scutellaria lateriflora | Skullcap | 40% - 50% |
| Bucco | Agothosma betulina | Buchu | 75% - 85% |
| Canadees bloedkruid | Sanguinaria canadensis | Bloodroot | 55% - 60% |
| Canadees steenkruid | Collinsonia canadensis | Stoneroot | 35% - 50% |
| Canadese geelwortel | Hydrastis canadensis | Goldenseal | 55% - 65% |
| Cascara | Rhamnus purshiana | Cascara sagrada | 20% - 30% |
| Cat's Claw | Uncaria tomentosa | Cat's Claw | 50% - 65% |
| Christoffelkruid | Actaea racemosa | Black Cohosh | 65% -85% |
| Citroenmelisse | Melissa officinalis | Lemon Balm | 45% - 60% |
| Cleus forskohlii | Plectranthus barbatus | Cleus forskohlii | 40% - 60% |
| Creosootstruik | Larrea tridentata | Chaparral | 60% - 75% |
| Damiana | Turnera diffusa | Damiana | 55% -65% |
| Duivelsklauw | Harpagophytum procumbens | Devil's Claw | 60% - 65% |
| Duizendblad | Achillea millefolium | Yarrow | 55% - 70% |
| Echte guldenroede | Solidago virgaurea | Goldenrod | 50% - 55% |
| Engelwortel | Angelica sylvestris | Angelica | 70% - 75% |
| Fenegriek | Trigonella foenum-graecum | Fenugreek seed | 50% - 60% |
| Frambozenblad | Rubus idaeus | Raspberry leaf | 35% - 65% |
| Gelderse roos | Viburnum opulus | Cramp Bark | 50% - 65% |
| Gember | Zingiber officinale | Ginger | 60% - 80% |
| Ginseng | Panax gingseng | Ginseng (panax spp.) | 20% - 40% |
| Gomplant | Grindelia Robusta | Grindelia | 65% -70% |
| Gotu kola | Centella asiatica | Gotu kola | 25% - 50% |
| Griekse Alant | Inula helenium | Elecampane | 65% - 70% |
| Groene thee | Camellia sinensis | Green tea | 25% - 40% |
| Grote / kleine brandnetel | Urtica dioica / urens | Nettles | 40% - 55% |
| Grote klit | Arctium lappa | Burdock | 40% - 60% |
| Hartgespan | Leonurus cardiaca | Motherwort | 40% - 60% |
| Haver | Avena sativa | Oats | 30% - 50% |
| Heemst | Althaea officinalis | Marshmallow | 20% - 30% |
| Heermoes | Equisetum arvense | Horsetail | 30% - 40% |
| Helonias bullata | Helonias bullata | Helonias | 40% - 45% |
| Herderstasje | Capsella bursa-pastoris | Shepherd's Purse | 40% - 45% |
| Hysop | Hyssopus officinalis | Hyssop | 50% -55% |
| IJzerhard (soort) | Verbena hastata | Blue vervain | 40% - 45% |
| Indiaanse ginseng | Withania somnifera | Ashwagandha | 60% -65% |
| Japanse notenboom | Ginkgo biloba | Ginko | 55% -65% |
| Kamille | Matricaria recutita | Chamomile | 50% - 70% |
| Kaneel | Cinnamomum verum | Cinnamon | 60% - 70% |
| Kava Kava | Piper methysticum | Kava | 65% - 90% |
| Kleefkruid | Galium aparine | Cleavers | 30% - 35% |
| Koningskaars | Verbascum thapsus | Mullein | 40% - 50% |
| Koriander | Coriandrum sativum | Cilantro | 50% - 60% |
| Krul zuring | Rumex crispus | Yellow Dock | 40% - 55% |
| Kurkuma | Curcuma longa | Turmeric | 60% - 70% |
| Lapacho | Tabebuia impetiginosa | Pau d'Arco | 25% - 50% |
| Lavendel | Lavandula angustifolia | Lavender | 80% -85% |
| Maca | Lepidium meyenii | Maca | 50% - 60% |
| Mahonie | Mahonia aquifolium | Oregon grape | 40% - 65% |
| Mais | Zea Mays | Cornsilk | 50% - 55% |
| Maretak | Viscum album | Mistletoe | 45% - 50% |
| Mariadistel | Silybum marianum | Milk Thistle | 65% - 75% |
| Meidoorn | Crataegus monogyna / Crataegus monogyna | Hawthorn | 40% - 45% |
| Mirre | Commiphora | Myrrh | 70% - 90% |
| Moederkruid | Tanacetum parthenium | Feverfew | 50% - 65% |
| Moeras Houttuynia | Anemopsis californica | Yerba Mansa | 70% - 75% |
| Monnikspeper | Vitex agnus castus | Vitex | 60% - 75% |
| Muira Puama | Ptychopetalum olacoides | Muira Puama | 55% - 60% |
| Ogentroost | Euphrasia officinalis | Eyebright | 25% - 40% |
| Olijf bladeren | Olea europaea | Olive leaf | 55% - 95% |
| Ooievaarsbek | Geranium maculatum | Wild Geranium | 50% - 55% |
| Paardenbloem | Taraxacum officinale | Dandelion | 35% - 45% |
| Palm (soort) | Serenoa repens | Saw Palmetto | 60% -80% |
| Passiebloem | Passiflora incarnata | Passionflower | 50% -60% |
| Pepermunt | Mentha ×piperita | Peppermint | 60% - 90% |
| Propolis |  | Propolis | 75% - 90% |
| Reisha | Ganoderma lucidum | Reishi | 20% -25% |
| Rode klaver | Trifolium pratense | Red Clover | 40% - 50% |
| Rode zonnehoed | Echinacea purpurea | Echinacea | 45% - 60% |
| Rozemarijn | Rosmarinus officinalis | Rosemary | 65% - 70% |
| Rozewortel | Rhodiola rosea | Rhodiola | 40% - 60% |
| Salie | Salvia officinalis | Sage | 70% - 75% |
| Sarsaparilla | Smilax medica | Sarsaparilla | 20% -50% |
| Schizamdra | Schisandra chinensis | Schizandra | 55% - 80% |
| Siberische ginseng | Eleutherococcus senticosus | Eleuthero (siberian ginseng) | 30% - 40% |
| Slaapmutsje | Eschscholzia californica | California Poppy | 55% - 60% |
| St. Janskruid | Hypericum perforatum | St. John's Worth | 50% - 75% |
| Stinkende gouwe | Chelidonium majus | Celandine | 50% |
| Tijm | Thymus vulgaris | Thyme | 70% - 75% |
| Valeriaan | Valeriana officinalis | Valerian | 50% - 60% |
| Valkruid | Arnica montana | Arnica | 65% - 70% |
| Venkelzaad | Foeniculum vulgare | Fennel seed | 60% - 65% |
| Vlier (gewone) | Sambucus nigra | Elderberry | 40% - 50% |
| Vliezig hokjespeul | Astragalus membranaceus | Astragalus | 40% -50% |
| Vogelmuur | Stellaria media | Chickweed | 65% -70% |
| Vrouwelijke ginseng | Angelica sinensis | Dong Quai | 60% - 70% |
| Vrouwenwortel | Caulophyllum thalictroides | Blue Cohosh | 55% - 65% |
| Waterhennep | Eupatorium perfoliatum | Boneset | 40% - 45% |
| Wilde Marjolein | Origanum vulgare | Oregano | 55% - 75% |
| Wilde Yam | Dioscorea villosa | Wild Yam | 45% - 60% |
| Wilgen schors | Salix alba | Willow bark | 20% - 40% |
| Yohimbe | Pausinyatalia Yohimbe | Yohimbe | 65% - 75% |
| Zoethout | Glycyrrhiza glabra | Licorice | 25% 35% |
| Zomeralsem, zoete alsem | Artemisia annua | Sweet Annie | 50% - 60% |
| Zwarte Walnoot | Juglans nigra | Black Walnut | 40% - 55% |
|  |  | Cayenne | 70% - 85% |
|  | Fallopia multiflora | Fo-Ti | 40% - 45% |

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